

# THE WOODSHED

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
6:00am	WOODY	MAX	BRITT ROOS	MAX	BRITT ROOS	
7:00am	WOODY	MAX	BRITT ROOS	MAX	BRITT ROOS	JT
7:00am *Green Point	*SIMON		*JT			
8:00am	MEGZY	MAX	BRITT ACTIVE	MAX	BRITT ACTIVE	JT
9:00am	MEGZY	MAX	BRITT ACTIVE	MAX	BRITT ACTIVE	JT
10:00am	MEGZY	MAX	BRITT ACTIVE	MAX	BRITT ACTIVE	
5:00pm	JT	HANNAH	MEGZY	HANNAH		
6:00pm	JT	HANNAH	MEGZY	HANNAH		

*To attend a session you must book and check in on arrival. Please note maximum of 10 people per class.*

*\*Outdoor sessions will be held at 7am Tuesdays & Thursdays at Green Point (cnr South Road & Beach Road)*